

Rialto Unified School District

Dec 2, 2024 thru Dec 6, 2024

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 1

Generated on: 11/19/2024 5:20:50 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/02/2024															
CACFP SUPPER	Total	4000													
CHEESEBURGER MINIS-2023	1 SERVING	4000	272	31	2.39	3.09	114.2	79	10.3	3	19.7	29.82	9.16	3.00	0.00
Carrot Nibbles 2022	1/2 Cup	6000	25	0	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
Mixed Berry, Froz. 2019	1 each	6000	90	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
CATSUP	.5 oz	1000	17	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.0	0.00	*N/A*
MUSTARD	.5 oz	1000	9	0	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.5	0.03	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			588	41	8.11	3.43	389.0	16364	15.75	*50	29.08	88.67	12.03	3.73	*0.00
% of Calories										*33.9%	19.8%	60.3%	18.4%	5.7%	*0.0%
Nutrient Guideline			550-650										<=30.0	<10.00	

Tue - 12/03/2024															
CACFP SUPPER	Total	4000													
Pizza, Pep Wedge Sicilian '24	1 EACH	4000	336	38	3.03	1.39	449.5	406	8.62	5	18.75	34.62	13.65	6.09	0.00
BROCCOLI,raw: fresh .75 CUP	Serving	6000	23	0	1.77	0.50	32.1	425	60.88	1	1.92	4.53	0.25	0.08	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	6000	51	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			585	47	10.20	2.41	754.9	1995	378.08	38	30.02	78.45	16.56	6.90	*0.00
% of Calories										26.2%	20.5%	53.7%	25.5%	10.6%	*0.0%
Nutrient Guideline			550-650										<=30.0	<10.00	

Wed - 12/04/2024															
CACFP SUPPER	Total	4000													
QUESADILLA,CHEESE, '23	1 EACH	4000	316	47	0.00	1.34	471.0	431	0.0	*0	16.75	21.75	18.5	11.00	0.00
CELERY STICKS 2021	serving	4000	16	0	1.78	0.22	44.6	500	3.45	1	0.77	3.31	0.19	0.05	0.00
PLUMS,FRESH	1 EACH	4000	30	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00
Salsa, Low Sodium 2oz	serving	1000	20	0	0.82	1.27	6.4	312	2.28	*N/A*	0.85	3.97	0.11	0.02	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Dec 2, 2024 thru Dec 6, 2024

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 2

Generated on: 11/19/2024 5:20:50 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			504	57	2.92	2.00	763.4	2112	10.34	*26	26.58	52.62	21.43	11.76	*0.00
% of Calories										*20.6%	21.1%	41.7%	38.2%	21.0%	*0.0%
Nutrient Guideline			550-650										<=30.0	<10.00	

Thu - 12/05/2024															
CACFP SUPPER	Total	4000													
CHICKEN PATTY,WG/HMSTL BU N2015	1 EACH	4000	334	33	5.00	3.80	100.0	95	87.0	3	22.0	42.0	10.0	2.00	0.00
CUCUMBER, SLICED 2021	serving	4000	12	0	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.03	0.00
TANGERINES,FRESH	Serving	4000	89	0	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
CATSUP	.5 oz	2000	17	0	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	2000	69	7	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			598	44	8.45	4.31	422.9	2241	134.47	42	32.48	89.13	15.04	3.11	*0.00
% of Calories										28.1%	21.7%	59.6%	22.6%	4.7%	*0.0%
Nutrient Guideline			550-650										<=30.0	<10.00	

Fri - 12/06/2024															
CACFP SUPPER	Total	4000													
Uncrustable, Grp Wh 5.3oz-2015	1 each	4000	590	0	7.00	2.00	83.0	150	0.0	30	18.0	64.0	32.0	7.00	0.00
Carrot Nibbles 2022	1/2 Cup	4000	25	0	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLESAUCE, UNSWEETNED	serving	4000	51	0	1.34	0.28	4.9	35	1.22	11	0.21	13.75	0.12	0.01	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			774	8	10.06	2.47	300.3	11001	4.86	58	25.16	97.62	34.79	7.72	*0.00
% of Calories										29.8%	13.0%	50.5%	40.5%	9.0%	*0.0%
Nutrient Guideline			550-650										<=30.0	<10.00	

Weighted Average			610	39	7.95	2.92	526.1	6743	108.70	*43	28.66	81.30	19.97	6.64	*0.00
										*63.1%	18.8%	53.3%	29.5%	9.8%	*0.0%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Error Messages (if any)
Calories	610			550 - 650	100%												
Cholesterol (mg)	39																
Fiber (g)	7.95																
Iron (mg)	2.92																
Calcium (mg)	526.1																
Vitamin A (IU)	6743																
Sugars (g)	43	28.03%				Missing											
Vitamin C (mg)	108.70																
Protein (g)	28.66	18.81%															
Carbohydrate (g)	81.30	53.33%															
Total Fat (g)	19.97	29.48%		<=30.00%													
Saturated Fat (g)	6.64	9.81%		<10.00%													
Trans Fat <sup>1</sup> (g)	0.00	0.00%				Missing											

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Dec 9, 2024 thru Dec 13, 2024

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 1

Generated on: 11/19/2024 5:18:27 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/09/2024															
CACFP SUPPER	Total	4000													
PRETZEL DOG 2013 WG	1 EACH	4000	300	35	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
CUCUMBER, SLICED 2021	1 serving	8000	12	0	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.03	0.00
Craisins, Watermelon	servings	8000	110	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
CATSUP	.5 oz	1000	17	0	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MUSTARD	.5 oz	1000	9	0	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.5	0.03	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			687	44	11.95	5.52	402.2	1361	4.59	75	29.59	123.07	9.33	2.76	*0.00
% of Calories										43.9%	17.2%	71.6%	12.2%	3.6%	*0.0%
Nutrient Guideline			550-650										<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 12/10/2024															
CACFP SUPPER	Total	4000													
Grilled Cheese, Integrated2020	1 EACH	4000	245	24	3.00	1.64	362.2	393	0.0	5	15.03	30.11	7.83	4.25	0.00
Carrot Nibbles 2022	1/2 Cup	8000	25	0	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES, Fresh sliced 2017	pkg. (3 oz)	8000	51	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			534	33	12.42	2.37	664.8	21750	378.04	47	24.55	84.83	10.65	4.98	*0.00
% of Calories										34.9%	18.4%	63.5%	17.9%	8.4%	*0.0%
Nutrient Guideline			550-650										<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 12/11/2024															
CACFP SUPPER	Total	4000													
Taco Snack '23	1 EACH	4000	319	30	3.00	3.59	149.7	15	0.0	3	15.97	29.95	14.97	6.99	0.00
JICAMA STICKS	Serving	4000	25	0	3.00	0.36	0.0	5	12.0	1	0.0	6.0	0.0	0.00	0.00
TANGERINES, FRESH	Serving	4000	89	0	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Dec 9, 2024 thru Dec 13, 2024

Base Menu Spreadsheet

CACFP SUPPER

Portion Values - Detailed

Page 2

Generated on: 11/19/2024 5:18:27 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			571	39	9.03	4.21	454.2	2039	56.90	40	25.72	77.39	18.02	7.75	*0.00
% of Calories										27.8%	18.0%	54.2%	28.4%	12.2%	*0.0%
Nutrient Guideline			550-650										<=30.0	<10.00	

Thu - 12/12/2024															
CACFP SUPPER	Total	4000													
Popcorn Chicken-Wh.Grain 2021	Serving	4000	207	47	2.00	0.36	160.0	112	1.0	1	14.0	13.0	11.0	2.00	0.00
CELERY STICKS 2021	serving	8000	16	0	1.78	0.22	44.6	500	3.45	1	0.77	3.31	0.19	0.05	0.00
PLUMS,FRESH	1 EACH	8000	30	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
CATSUP	1 oz	1000	33	0	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			445	56	7.42	1.04	499.3	2485	20.99	37	24.85	55.81	14.28	2.81	*0.00
% of Calories										33.0%	22.4%	50.2%	28.9%	5.7%	*0.0%
Nutrient Guideline			550-650										<=30.0	<10.00	

Fri - 12/13/2024															
CACFP SUPPER	Total	4000													
Croissant ,Ham & Cheese-2019	1 EACH	4000	371	63	4.11	2.40	268.5	360	3.4	4	21.69	33.76	17.84	5.48	*0.16
CUCUMBER, SLICED 2021	serving	4000	12	0	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.03	0.00
GRAPES,Fresh	serving	4000	62	0	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1000	120	15	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			582	72	5.33	2.89	536.2	1410	9.31	38	31.16	71.40	20.77	6.31	*0.16
% of Calories										26.4%	21.4%	49.1%	32.1%	9.8%	*0.3%
Nutrient Guideline			550-650										<=30.0	<10.00	

Weighted Average			564	49	9.23	3.20	511.3	5809	93.96	47	27.17	82.50	14.61	4.92	*0.03
										75.6%	19.3%	58.5%	23.3%	7.9%	*0.1%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Error Messages (if any)	
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage											
Calories	564		550 - 650	100%														
Cholesterol (mg)	49																	
Fiber (g)	9.23																	
Iron (mg)	3.20																	
Calcium (mg)	511.3																	
Vitamin A (IU)	5809																	
Sugars (g)	47	33.61%																
Vitamin C (mg)	93.96																	
Protein (g)	27.17	19.28%																
Carbohydrate (g)	82.50	58.54%																
Total Fat (g)	14.61	23.32%		<=30.00%														
Saturated Fat (g)	4.92	7.86%		<10.00%														
Trans Fat <sup>1</sup> (g)	0.03	0.05%				Missing												

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.